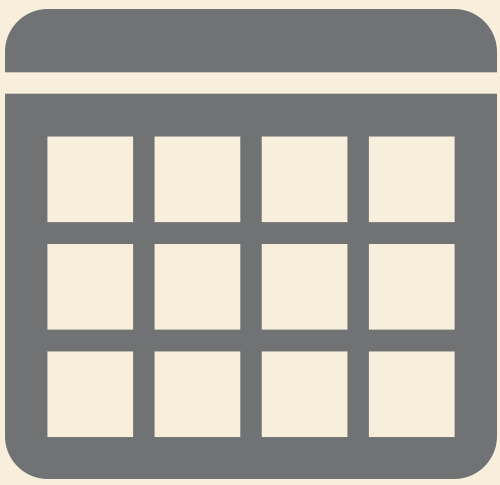


# DAILY LIFE OF STUDENT ATHLETES



Attend all classes

7:45 a.m.

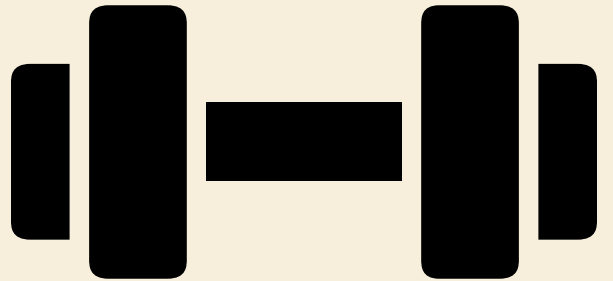
\*Try not to fall asleep\*



Practice

4:00 p.m. - 7:00 p.m.

\*definitely don't fall asleep\*



Weights and Conditioning

5:45 a.m.

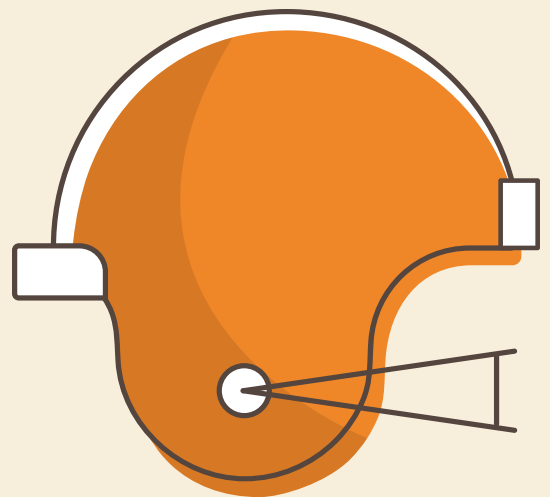
(Probably still asleep)



Grab food before meetings

1:00 p.m.

\*try not to fall asleep\*



Tutor/ Homework

8:00 p.m. - 12:00 p.m.

\*try not to fall asleep\*

*Eat-Sleep*

*Study-Repeat*